

Healthwatch Bradford & District

Video Transcript: Recall Matters

Narration:

People often talk to Healthwatch about the difficulties they have accessing dental care.

But did you know that you might be visiting the dentist for regular check-ups when you don't need to.

If your teeth are strong and healthy, you clean them twice a day, you eat a balanced diet and you don't have any underlying health issues NICE guidelines say that you might not need to have a check-up every six months.

You can ask for your check-up interval to be extended to 9, 12 or even 24 months saving you time and money and freeing up appointments for others.

We think that this is a good idea.

What do you think?