



Happy, Healthy, at Home



Who are Healthwatch?

We are the independent champion for people who use health and social care services.

We're here to make sure that those running and developing services, put people at the heart of care and support.

Our sole purpose is to understand the needs, experiences and concerns of people who use health and social care services and to speak out on their behalf. We work collaboratively to get services right for the future.

What are Community Partnerships?

Community partnerships bring together people from various organisations. This can be local groups, voluntary organisations, charities, GP practices and local council teams that work together to improve the health and wellbeing of people in their area. Each partnership focuses on a community of between 30,000 and 60,000 people.

Community partnerships are a way of helping to keep people **Happy, Healthy, at Home** by providing joined up health, care and wellbeing services in their local community through local decision-making and partnership working.

As community partnerships develop across Bradford district and Craven, it's vital that local people are involved and represented. Healthwatch and community partnerships are working together to ensure that communities and individuals can be involved and heard.

Why do we want to hear from you?

Our health and wellbeing is important. The things that help us stay well and support us to recover are many and varied and include our homes, where we live, our jobs, relationships, as well as our access to excellent, caring services.

In 2017 Healthwatch led a project called **The Big Conversation**, to find out from local people what mattered most for the future of health and care.

What people told us in The Big Conversation:

- they wanted to be part of the conversation about health and wellbeing
- they wanted a focus on wellbeing and prevention of ill health
- they wanted care closer to home - services in the right place that they can use when they need them

- they wanted to be involved in service design that considers the experiences of patients, family and carers
- they wanted improved access to primary care (GP services)
- they wanted to live as well and as independently as possible for as long as possible
- they wanted protection of community-based services, in particular voluntary and community sector services

What people told us became the foundation of the plan for health and wellbeing in Bradford district and Craven - **Happy, Healthy, at Home**.

What keeps you Happy, Healthy, at Home?

Healthwatch and the community partnerships now want to continue that conversation with you and want to understand from you what keeps you **Happy, Healthy, at Home**. To help us with this we need to listen to you and understand:

- What does being Happy, Healthy, at Home mean to you?
- What do you love about your neighbourhood?
- What is it about your neighbourhood that makes it a healthy place? What would you like to see changed?
- What do you do to stay healthy and look after yourself and how does your community support you?
- Are you involved in activities in your neighbourhood? What are they/do you know what is available for you?

We will be feeding back your views to health and social care partners so that we can all work together to build a healthier future for the people of Bradford District and Craven.

How to get involved:

From October through to the New Year, Healthwatch and our community partners will be out and about across the district providing opportunities for you to get involved and for you to tell us what you think. We really want to hear from you.

Look at our website to see when we will be in your area: www.healthwatchbradford.co.uk

Join the Twitter conversation:
[#HwHappyHealthyAtHome](https://twitter.com/HealthwatchBfd) and tag
[@HealthwatchBfd](https://twitter.com/HealthwatchBfd)

For more information, get in touch:

Telephone: 01535 612545

Email: info@healthwatchbradford.co.uk

Write: Healthwatch Bradford and District, Central Hall, Alice Street, Keighley, BD21 3JD

