



City of
BRADFORD
METROPOLITAN DISTRICT COUNCIL

Bradford Sexual Health Services Consultation Document



Easier to read version

Introduction

Bradford Council is responsible for commissioning some of the sexual health services in the Bradford district.

Our current contract with the people who provide these services is coming to an end soon.

To make sure we carry on providing the right services to meet people's needs we want to know what you think.

What you tell us will help us to plan sexual health services for the future.

This is the easier to read version of the consultation document.

What is sexual health?



Sexual health is about enjoying safe and happy sexual experiences without anyone suffering emotional or physical harm or being forced into doing things they don't want to.



It means feeling good about your experiences and not regretting anything.



It's about practicing safe sex.

This means using contraception to stop getting pregnant if you don't want to.

It's also using condoms to help protect against sexually transmitted infections (STI's).

Sexual health services in Bradford



Bradford Council provides the following sexual health services:

- Contraception and advice on unplanned pregnancies
- Sexually transmitted disease (STI's) testing and treatment
- HIV testing
- Sexual health specialist services including young people's services, outreach and promotion
- Support for teenage parents
- Chlamydia screening
- Referrals to services that provide additional support to people who may need it.



The NHS provides the rest of the sexual health services in Bradford.

Our plans



To help us with our plans we looked at information about sexual health outcomes in Bradford.



We also engaged with people including those who use our services and provide them.



We looked at the things we need to keep because they work well and worked out what needs to change so people can have better outcomes.

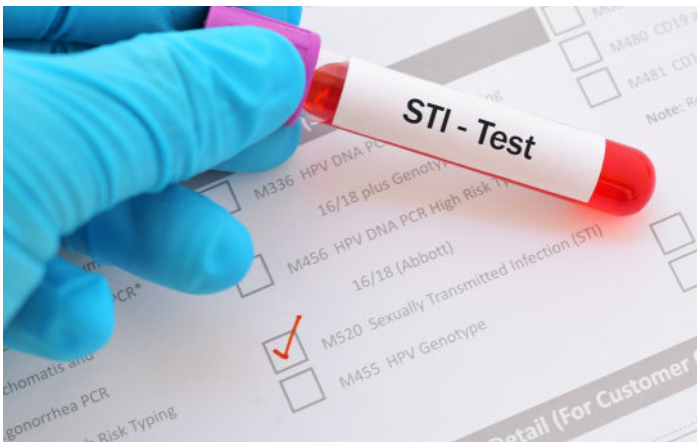


We also worked out our priorities.

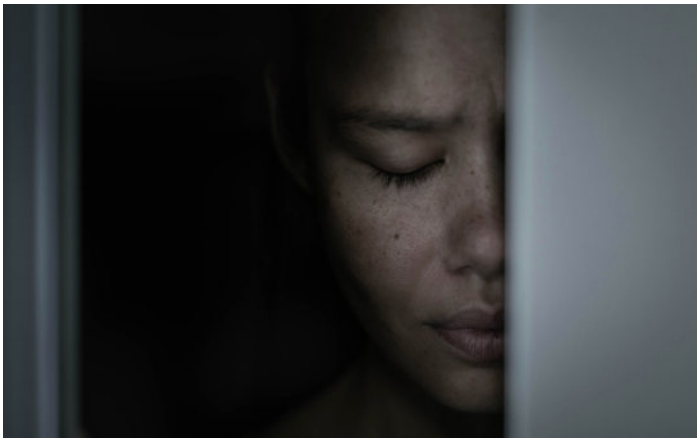
These are the things that are most important for us to work on.

They include:

- Getting more people to use contraception that is effective
- Making sure that we can diagnose more STI's earlier through digital and postal services



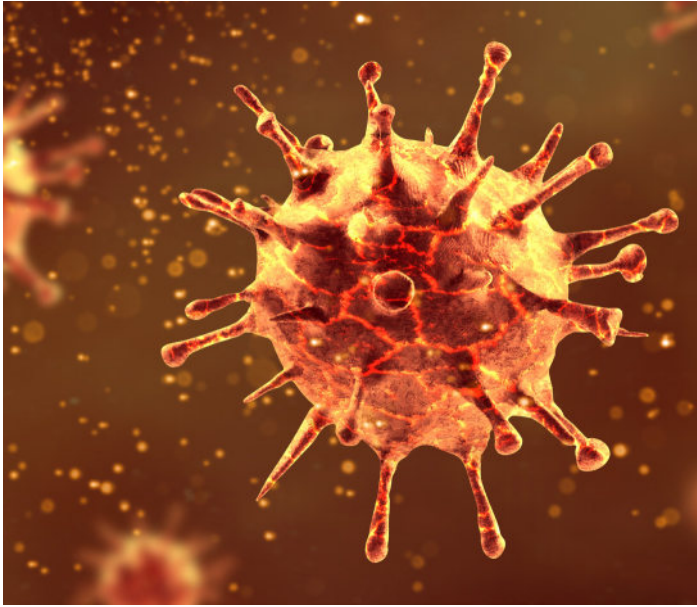
- Providing better access to services for people who are high risk or vulnerable



- Reducing the number of abortions that people have.



What we found out from our review



During Covid more sexual health appointments were offered over the phone and online.

There were postal and click and collect services for contraception.



These were very popular and we think we need to keep them and develop them further.

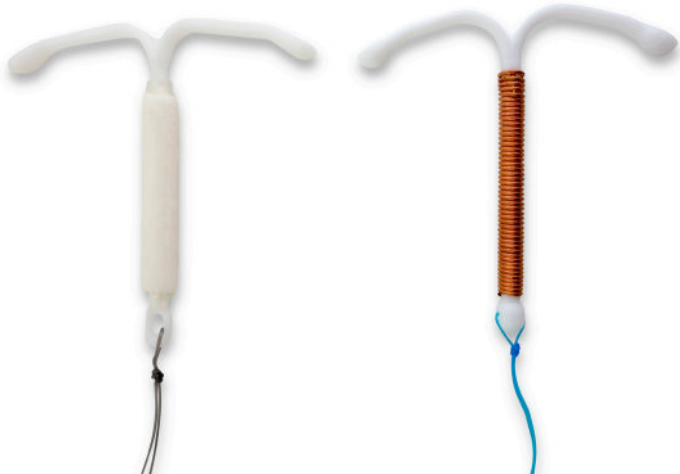


Some key services are not easy for everyone to access because of the location they are in.

It would be better if these services were available online and in the community.



Some people may need additional support and we need to find better ways to reach them.



More people could be using the most effective contraception methods like implants and intra-uterine devices.



Chlamydia is the most common STI among young people.

We believe there are more young people with chlamydia than are being diagnosed.

What we think should change



We think we need to:

- Have a greater focus on making digital options, like online appointments, easy for everyone to access



- Offer more services in community settings and through primary care



- Have better links between voluntary organisations and sexual health services



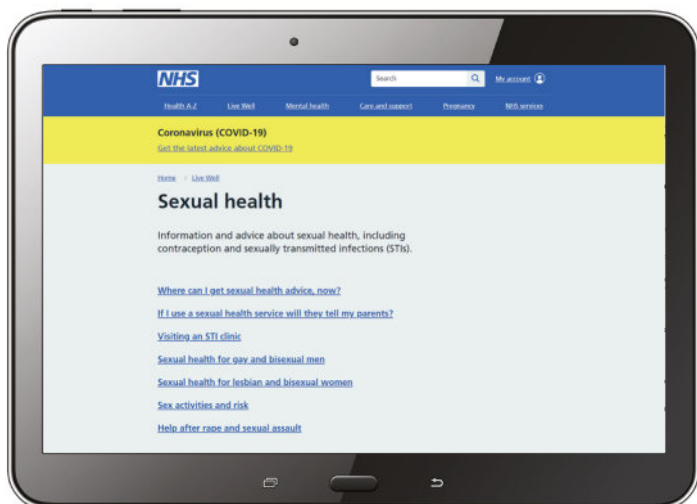
- Less difference in service accessibility and performance between district areas.

What we want to know



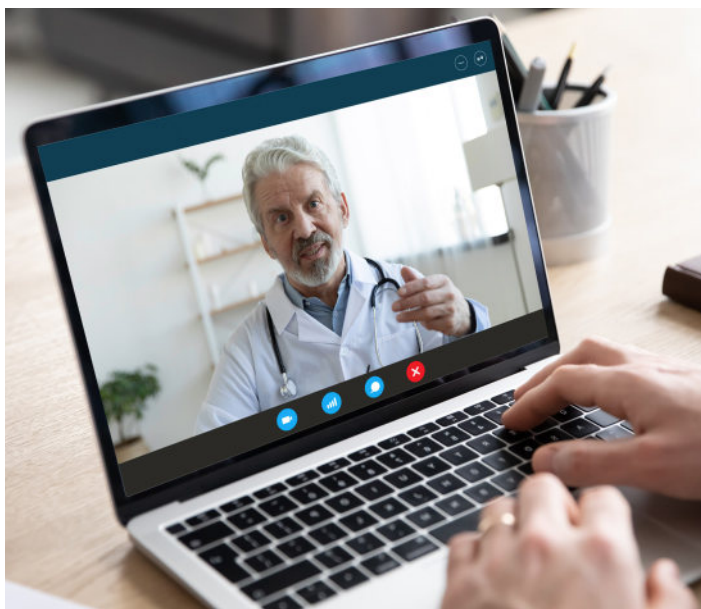
We would like your comments and views about our plans. This will help us to commission the best services for the people who live in the Bradford district.

To tell us what you think please answer these questions:



- Do you think more sexual health services should be available online?

- If you answered yes can you tell us which services and for who?



- What do you think could be done for people who may find using online services difficult?



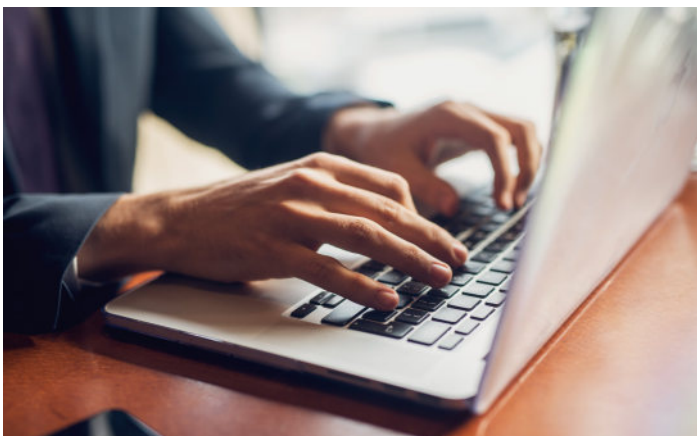
- What sexual health services would you like to be able to get from your GP or pharmacy?



- How can we make sexual health services better for young people?



- Do you think our plans will affect you or anyone you know?



You can also tell us anything else you want to about our plans by emailing:

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